

I started cooking as a little girl in my grandmother's kitchen underneath her apron, preparing meals for family holiday events, and creating recipes together. She studied the culinary arts in the early 1900s and was the most extraordinary woman who filled my heart with inspiration, giving me my love and passion for cooking. As a young girl, I became an author of recipes in the kitchen and have been creating meals and cooking for over 50 years.

As a young adult, I juggled careers as a model, professional musician, and performer (touring the Tahoe-Reno-Vegas Casino Circuit), licensed real estate broker, horse carriage and stagecoach driver, with a few film and radio bits along the way. On tour, I was the traveling Chef-of-the-Road creating and preparing meals in between gigs, rehearsals, and recordings. My band members and crew loved my cooking so much I was sending them home with recipes to share with their families.

While performing as a professional entertainer and driving horse-drawn carriages and stagecoaches at events, I began catering weddings, holidays, and corporate events. I have many passions—love, family, friends, animals, music, people, and entertaining. I pour all my passions into the foods/recipes I prepare and serve.

My Contractor's Cookbook is close to my heart, with family members in the construction and restoration businesses, whose hardworking appetites are only satisfied with homemade "comfort foods." Naturally, I have included all the comfort food classics they loved and placed them in my contractor collection of amazing classic recipes.

I encourage anyone who has a hungry, hardworking person or tribe to feed, to impress and satisfy their taste buds with recipes from my Contractor Cookbook!

The love you have in your heart comes out in your cooking.

From my kitchen to yours with love,

The Cooking Lounge,

Teri



Mountain Highlights

For the week of Oct. 13 - 19, 1999

Filet of Soul set at Hyatt Regency

Filet of Soul, a longtime Lake Tahoe favorite, and their "seasoned" filet of music, light up the Stage Bar at the Hyatt Regency in Incline Village, Oct. 13 through 17.

The dynamic Teri and the Filet of Soul Band perform a variety of top hits from the '60s, '70s, '80s and '90s. Their repertoire includes standards of Motown, country, R&B, classic rock, funk and disco.

Filet of Soul offers entertainment that will delight an any age audience with a buffet of "great" music.



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